



## Nursing Practice 2: Coming to Know the Client – NURS 125

### Bachelor of Science in Nursing (BSN) Program

### Nursing Practice Course Outline

COURSE IMPLEMENTATION DATE: January 2008  
OUTLINE EFFECTIVE DATE: January 2019  
COURSE OUTLINE REVIEW DATE: September 2024

---

#### GENERAL COURSE DESCRIPTION:

This nursing practice experience provides opportunities to develop caring relationships with groups, families and individuals across the lifespan. Emphasis is placed on health assessment and coming to know how clients understand and promote their health, and the role of the nurse in partnering with the client in this process. Learners work with groups, families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice.

---

**Program Information:** This course is required for the first year of the Bachelor of Science in Nursing program. The materials in this course represent a component of a four year integrated BSN program.

---

**Delivery:** This course is delivered in College and practice settings.

**COTR Credits:** 5

**Hours for this course:** 133 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	36
Praxis Seminar	20
Laboratory	0
Practicum	74
Other Contact Hours	3
<b>Total</b>	<b>133</b>

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	74
Other	3
<b>Total</b>	<b>77</b>

**Course Outline Author or Contact:**

Jennifer Ham, RN, BSN, MSN

\_\_\_\_\_  
Signature

---

**APPROVAL SIGNATURES:**

Department Head  
Sandi Hill  
E-mail: [shill@cotr.bc.ca](mailto:shill@cotr.bc.ca)

Dean of Health and Human Services  
Heather Hepworth  
E-mail: [hepworth@cotr.bc.ca](mailto:hepworth@cotr.bc.ca)

\_\_\_\_\_  
Department Head Signature

\_\_\_\_\_  
Dean Signature

EDCO

Valid from: January 2019 – September 2024

\_\_\_\_\_  
Education Council Approval Date

---

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Satisfactory completion of Semester One of the first year of the BSN program.

**Corequisites:** NURS 120, 121, and BIOL 182 should be taken concurrently with this course.

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA

Yes  No

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** N/A

---

## **Textbooks and Required Resources:**

As this course provides participants with the opportunity to integrate their learning from other Semester Two courses, the texts needed for NURS 120 and 121 are used in NURS 125: Nursing Practice 2. Students should refer to the list of required texts and professional documents listed on those course outlines.

*Please see the instructor's syllabus or check COTR's online text calculator*

*<http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.*

---

## **LEARNING OUTCOMES:**

Upon the successful completion of this course, students will be able to

- Develop caring relationships with individuals and families;
  - Recognize input of individuals, families, and other professionals in the health care team to inform resident care;
  - Demonstrate collaborative, responsive, and responsible communication skills;
  - Utilize assessment data from a variety of interprofessional team members in the provision of client-centered care;
  - Perform health assessments at a beginning competence level; and
  - Use praxis to actively engage in the construction of your own knowledge.
- 

## **COURSE PROCESS:**

Learners in nursing practice settings continue to learn about professional nursing practice, critical thinking and critical reflection. Practice experiences are supported by seminars, which provide opportunities to examine theories and concepts for discussion, exploration and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is actualized by critical reflection, journaling and active participation in nursing practice seminars. Practice experiences provide opportunities for participants to develop clinical decision-making skills with contextual awareness.

Learners engage in a variety of learning activities. Some activities occur in the homes of families, or in community agencies or organizations that provide resources for healthy people. In the nursing laboratory, learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

## **COURSE CONCEPTS:**

### ***CLIENT***

- Individual
- Family
- Group

### ***CONTEXT***

- Growth and Development
- Transitions
- Family

- Community
- Society
- Global Village

**HEALTH AND HEALING**

- Health
- Health Promotion
- Healing Modalities

**INQUIRY**

- Personal Meaning
- Nursing Ethics
- Nursing Knowledge
- Ways of Knowing
- Praxis
- Evidence-Informed Practice
- Teaching and Learning

**NURSE**

- Decision Making
- Assessment
- Professional Nursing Practice

**RELATIONAL PRACTICE**

**Relationship**

- With Client, Colleagues

**Caring**

- Care of Self

**Relational Competence**

*See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.*

---

**EVALUATION AND ASSESSMENT (Face-to-Face Delivery):**

Assignments	Grade (Satisfactory/Unsatisfactory)
Math for Nursing Practice Test	Satisfactory/Unsatisfactory
Health Promotion Project	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignment 1	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignment 2	Satisfactory/Unsatisfactory
Practice Appraisal Form	Satisfactory/Unsatisfactory

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

---

## ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

## ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical courses only)**
3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.

---

## EXAM POLICY:

There are no exams in this course.

---

## COURSE GRADE:

Course grades are assigned as follows:

<b>COM</b>	Completed to defined standard
<b>NCG</b>	No Credit Granted

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
- Achieve a level of "satisfactory" on the practice appraisal form

---

## ACADEMIC POLICIES:

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

---

## COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.